



ACCIDENTAL INJURIES (WHAT TO DO?)

By David E. High, Attorney-At-Law

If you are injured due to the negligence of another person or entity, it is very important that you do the following:

1. Seek immediate and prompt emergency medical care;
2. Photograph the accident scene or have someone photograph it as soon as possible (evidence disappears);
3. Seize any important evidence;
4. Obtain the names, addresses and phone numbers of all witnesses;
5. Have photographs taken of your injuries before they heal;
6. Do not give a statement to the other side's insurance company;
7. Receive prompt follow-up medical care; and
8. Hire an experienced personal injury attorney.

Statute of Limitations

In Tennessee, there is a one-year statute of limitations. If you fail to file suit against the appropriate parties within the one-year statute of limitations, you lose all of your rights. It is also important that you promptly contact an attorney so that additional investigation can occur. If you wait until the eleventh month to contact an attorney, evidence will disappear and witnesses will be potentially unavailable. It is important that the witnesses be interviewed while the events are still fresh in their minds.

Medical Care and Treatment

When it comes to your medical care and treatment, it is important that you promptly follow up, keep all of your appointments and be compliant with your doctor's orders. Don't try to act outside of the restrictions your doctor imposes. If you do not show improvement within a reasonable period of time, press your doctor to run all necessary diagnostic tests and ask for a referral to an appropriate specialist. For traumatic injuries, the



appropriate specialist is often an orthopaedic surgeon, or a neurosurgeon. If specialty treatment does not cause your injuries to resolve favorably, you may thereafter need to be referred for a second opinion and possibly long term pain management.

Insurance Policy Coverage

You should also have your attorney review all of your insurance policies to determine what coverage is applicable. If you are injured on the premises of another, they may have med-pay coverage that will help pay your non-covered medical expenses regardless of fault. If you are injured in your vehicle or another vehicle, you may also have med-pay benefits or uninsured or underinsured motorist coverage that is available. An experienced attorney can review the potential policies and make sure all applicable coverage is obtained.

When dealing with the insurance company of the other party, it is very important that you not give any statements, especially never give a recorded statement. They will try to use the recorded statement to contradict you later in the claims process. You should only discuss your case with your attorney.

"No Recovery, No Fee"

At High Law Office, PLLC, we will review your case on a "No Recovery, No Fee" basis. You pay us only if we win your claim and obtain money for you. We will be happy to review your potential case without charge. If we do not take your case, you owe us nothing. We have experience representing persons involved in personal injury accidents. If you, or a family member, are a victim of one of these accidents, we will review your case on a "No Recovery, No Fee" basis. Tennessee has a very short one-year statute of limitations, so you must act promptly.

To schedule a free consultation with High Law Office, PLLC, please call us at 651-256-1000, or visit us online at www.HighLawOffice.com.

David E. High, Attorney-At-Law

David E. High graduated at the top of his class at Nashville School of Law in 1980, graduated with High Honors from the University of Tennessee, Knoxville, and has over 34 years of trial experience. He is a member of the Multimillion Dollar Advocates Forum and has been included in The Best Lawyers in America for over 25 years, Mid-South Super Lawyers, and the Bar Register of Preeminent Lawyers. Mr. High will review your personal injury case without charge and handle your case on a "No Recovery, No Fee" basis.



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